

Care of Your Tattoo

- Leave bandage in place for at least two hours
- When bandage is removed, rinse gently with cold water (use your hand to wash) and blot dry.
- Apply H2Ocean or AD Ointment at least 4 times a day for 3-5 days, followed by lotion as needed. Blot excess with clean, dry cloth.
- Keep tattoo open to air. Do not re bandage once initial bandage is removed.
- For the first month, avoid swimming or soaking in chlorine pools, lakes or other bodies of water.
- For the first month, avoid too much sun exposure as well.
 - Do not scratch or pick at the tattoo.
 - To relieve itching wipe with alcohol or slap gently.
 - Wear clean, dry, loose clothing.
- Your new tattoo may look flaky for the first week. The dead skin will come off in a few days by itself while washing.

IF REDNESS OR SWELLING DEVELOPS, CONTACT YOUR DOCTOR.