

## **Care for your Micro Dermal anchor piercing**

For the first week only clean the area at night.

Use a cotton ball that has been soaked in hot water mixed with antibacterial soap.

Once ready place soaked cotton ball on top of the piercing and let it sit there for no less than 2 minutes.

Once you're done then rinse with Saline Wound Wash to wash out any soap.

You do not want to clean piercing too often, the more you do the more it will bleed.

After a week, just clean it normally in the shower.

If you have any complications please consult your doctor or call us with any concerns.